Thirst for Change
Targeting water poverty in 2012

CAFOD is 50!
Join in our Anniversary Celebrations

Rwanda: 17 years on
Bishop John Arnold reflects on his visit to Rwanda
Happy New Year!

I hope that you have enjoyed a joyful and peaceful festive season. There is a lot coming up over the next few months as you can see from the ‘Dates for your Diary’ on the page 16, and you’ll notice the theme of ‘water’ popping up quite a lot in this edition of our Diocesan newsletter. That’s because the theme of our major campaign running for the first half of 2012 is calling for an end to water poverty. I was shocked to discover that access to clean, safe water only became a recognised Human Right in 2010. On pages 6 to 9 you’ll find lots of stories from people who live in water poverty and in order to try and understand the effects of water poverty on daily life I will be undertaking a ‘Water Challenge’ - trying to live for one week on 10 litres of water per day, which I will go and collect from a water source 1km away. Read more on page 14.

2012 also marks 50 years since the establishment of CAFOD as an organisation. There are events and opportunities to mark this occasion and we hope that you will be able to join with us in one way or another (see pages 10 and 11) to give thanks and celebrate this anniversary, as well as look forward to the challenges ahead.

Rachel Wood
CAFOD Diocesan Officer - Hallam

Front cover picture: Rosena, aged 11, from Zambia. See page 8 for her story.
News

**A World Gift is for life, not just for Christmas**
Did you know that World Gifts are available all year round? Our alternative gifts can be ordered at any time for birthdays, christenings, weddings, anniversaries, in memoriam, thanks yous, Easter gifts... Catalogues available from the Hallam Pastoral Centre Shop, online at [worldgifts.cafod.org.uk](http://worldgifts.cafod.org.uk) or call 0808 140 0014.

**Registration open for the Camino Pilgrimage**
In 2012, we are encouraging supporters to take on the challenge of walking the final 100 miles of the ancient pilgrim route of the Camino de Santiago de Compostela, together with other CAFOD supporters. We hope you will enjoy some time for reflection and tranquillity and use the opportunity to raise some funds for CAFOD’s work. We will be supporting groups of walkers who want to do this on two dates from the 2nd of June and the 15th of September. To help you, we will be holding a training weekend in the Peak District on the 5th and 6th of May, giving our walkers a chance to meet each other, talk to past pilgrims and plan together. We will be here to support you all the way. Please go to [www.cafod.org.uk](http://www.cafod.org.uk) and search for ‘camino’ to find more information and how to register.

**Government to match Lent fundraising!**
This Lent your generosity is being recognised by the UK Government Department for International Development (DFID). With UK Aid Match funding they will match pound for pound every donation given to CAFOD! So, for every £1 you give, CAFOD will receive an extra £1 to help more of the world’s poorest and most disadvantaged people.

From 17th February to 17th May 2012, your fundraising activities and donations will have double the impact. The UK Government will match fund donations from individuals for our Lent 2012 Give It Up! appeal, which means that every time you donate a pound, the Government will too. Our 2012 Lent appeal is the perfect time to make your donation go further. And by giving to CAFOD, you’re having a direct say in how some of the UK Government aid budget is spent. Your generous support helps us to create a world where everyone can flourish - Thank you.
Bishop John Arnold, originally from Sheffield and now the Auxiliary Bishop of Westminster, succeeded our own Bishop John Rawsthorne as Chair of CAFOD in September. In July he visited Rwanda and during the course of his visits he recorded a daily diary of what he saw. Below are some extracts of his experiences.

“Just to remind you of Rwanda’s recent history - in 1994 unrest erupted in what was called the “100 days of killing” but was, in fact, genocide. It comprised mainly the murder of Tutsis, but Hutus were
also killed, being condemned as collaborators with the Tutsis. The rate of killing was staggering. Over 1 million people were killed in that 100 days, about one in seven of the entire population. With one million dead, just about every member of the population was affected in one way or another. This has left a pretty dark shadow over the people of this very beautiful country.

“Since then however, there has been an economic boom in Rwanda. Things here are neat and tidy, there are lawns and pavements and excellent roads. There are trees and plenty of new buildings. We drive into [Kigali] city centre which is really quite spectacular. It is full of boulevards and large office buildings set back in garden, many of which are banks and financial services companies. It is very clear that Rwanda is doing extremely well in the progress it is making”.

But all this progress hides the scars left by the genocide. Bishop John writes:

“Our next stop is to the East of Kigali and we arrive at 4pm at a little village called Musha (pronounced Moosha). Our purpose for being here is to meet a group of women who belong to a genocide survivors group. About a dozen of them are waiting, with their organizers. This proves to be another of those occasions of this trip when we hear awful accounts of what has happened to these women and their families. They have all lost husbands, children and grandchildren. The purpose of the organization, funded by CAFOD, is to provide, in the first place, trauma counselling and then to form groups of friends who can share their common experiences and help one another in the rebuilding of their lives.

“The amazing thing is (although it has taken 17 years) these women are happy, with a sense of fulfilment. They have been given very simple houses and now they are receiving one cow per household and they are managing to work the land and create community within the group, as well as being an inspiration to many families living close by. The counselling still goes on. We went to see one of the houses and it was extremely simple, just plastered walls with, as far as I could see, no furniture beyond a bench and a pallet for a bed. But they seem to be very happy with their sense of community”.

If you would like to hear more about this project, and others from Bishop John’s visit to Rwanda, he will be speaking at our Diocesan 50th Anniversary Mass on February 9th. See page 10 for further details.

In the Hallam diocese we already have four parishes ‘Connected2’ Rwanda. If you would like to know how your parish could be involved please contact the office.
You would think that access to clean, safe water and sanitation would be a long-established basic human right, wouldn’t you? Amazingly, it was only in 2010 that the UN declared access to clean water and sanitation as a fundamental human right. It is a shocking fact that **884 million people in our global family still do not have access to clean water**. What follows are the words of some of those people who are thirsting for change, describing the challenges faced every day by those living in water poverty.

**Marian, 39, Chinyama village, Zimbabwe**

About 26 people in this small village got cholera during the big outbreak in 2008. I remember the day cholera struck me. I started vomiting and had a lot of diarrhoea. It happened so quickly, one moment I felt normal, the next I felt like I was dying. I remember thinking that my children would be motherless. I was terrified. There was a medical tent outside the hospital to isolate people who were being treated for cholera. I lay in a bed for five days without seeing my family or any relatives. Nobody was allowed to visit me for fear of spreading the disease. I thought it was my time to die and I prepared myself to meet God.

**Ketai, 30, Zimbabwe**

(pictured with her daughter, Talent).

My life is fetching water: that’s how I spend most hours of the day. Spending so much time fetching water is painful but that’s the reality of life for us. What can I do? This is how we live. This is how we have always lived. Sometimes men go to the river and bring back water on a cart but the responsibility for carrying water and making the long walks falls on women. Women carry water as a tradition and a duty. It’s something we were born into, a sign of respect for the men. This tradition is unfair.
Noel, 33, School Teacher, Zimbabwe

Put yourself in my shoes. Put yourself under my feet. Teaching pupils all day long. Being in front of the children from 7am until 4pm. It is very difficult coming to school when you know you have only washed your face and head with water, and everything else you have dry-washed, to conserve even the smallest amount of water. It’s difficult when you are thinking about travelling 3km to the river after work. I will be tired all day long – teaching, standing – thinking all the time about having to go to fetch water.

The children bring their own water to school. They carry 2 litres of water, and some of them come from up to 12km from here. It affects the speed they can go – it can take them an hour and a half each way. It’s very difficult to compensate for this time. They might use half the bucket to clean the toilets, and the other half is left for drinking – just one litre for the whole day. Their concentration span is affected – they are tired, sweating and hungry even before they have begun lessons. Even if they have eaten a lot for breakfast, they will arrive at school with nothing in their stomachs.

Attendance at school drops during the rainy season in particular. Most people don’t have toilets, so their waste is just washed into the river. During the rainy season, all the water is dirty – it is very different. It disturbs their lessons. It affects their pass rate. It affects their attendance at school through outbreaks of diarrhoea or stomach pains. There are lots of children who miss school two or three times a week.

Clara, Matahatata village, Zambia

When they were young, my grandchildren had to go to a primary school which is very far away. We used to have to carry them on our backs, or by bike, or they had to walk. In 2007 we came together as a village – all 74 households – and came up with the idea of building a new and bigger school. The community school protects our children a lot. You can see your daughter going to school and coming back. Before the school, there was a big problem of young girls being raped on their way to school because it was [cont...]
... so far away. My own granddaughter was raped – she was just 12 years old.

Without the boreholes being here, we couldn’t have built the school. We used the water to make the bricks – we moulded them ourselves – and also used the water to mix with river sand, pit sand, and cement to make the mortar. Then we went to the government to ask for help with the roof and they gave us roofing sheets and planks.

**Esther, 42, and Ricy, 46, Chitondo village, Zambia**

Esther: If water comes in the night, we have to draw it in the night. If it comes in the morning, we have to draw it in the morning. Whenever there is water we have to go and draw it as we don’t know when there will be another drop. It can come at any hour. Sometimes I have to leave my bed in the middle of the night. We leave the tap on at night. When the water is coming out of the tap, it hammers the concrete. If we haven’t had any water before we went to sleep, we won’t sleep soundly or deeply, and so we will hear that sound – we will be listening out for it.

Ricy: The issue of climate change is beginning to give me sleepless nights. We hear about it from the agricultural officers who train us. They say we should conserve water because we might run out. If it wasn’t such a terrifying thought, I would laugh. How on earth can we conserve water? We are surviving on nothing as it is. Yet we see climate change with our own eyes: it is the dry ground in front of me and the wilted crops I cannot harvest. Climate change is already affecting us. We are struggling now. It’s not something we read about in the papers like you might do in England. It’s a problem that we are living and breathing every single day. It’s not fair that people in developed countries are making these problems but not providing us with solutions. We must sit and wait for developed countries to come to our aid. To say that is frustrating is an understatement.

**Rosena, 11, Zambia** (also pictured on the front cover)

We have a government tap in our village but it rarely works. When we have local or national elections, the water flows every day but during quiet periods in the government the tap is bone dry. I think the
person who is in charge of pumping water is looking for votes. It’s like a bribe – if we give you water, you give us votes in return. It’s not good and it’s not honest. We need water all the time, not when a politician says it’s OK.

CAFOD have brought us water. I gave thanks to God when the borehole was drilled by our house because it has made life so much easier. When I heard about it I was so happy I did a little dance. Having water near our house has made a big difference in my life because it saves me time and energy. Today, it takes about ten minutes to walk to the borehole. I make a little cushion for my head out of material so that it doesn’t hurt to carry heavy water bottles. I often carry ten litres at a time in a yellow water tank. Carrying such a heavy load is bad for my back and neck. My neck used to ache a lot, sometimes it stopped me sleeping. But now we don’t have to walk as far the pain has gone away. I use the extra time to play and have fun with my friends. Our health has improved because we are only drinking clean water. We used to suffer from stomach upsets but that has stopped.

Winfreda, 38, Zambia

We get our drinking water from the pump near Clara’s house. We used to drink river water before CAFOD funded the repair of our boreholes. I feel happier to give my kids water from the borehole. It’s clean and fresh-looking. The river water used to have dead animals and faeces floating in it. The kids used to have stomach pains but I haven’t heard them complain since we started drinking clean water. The borehole is making a difference in our village. Before, I had to walk even further for water. My health suffered. I became thin and weak. I hated my kids seeing me like that. Water is life. Water is the magic ingredient in this village. With water, gardens grow and life becomes beautiful.

Over the past 50 years CAFOD has been working to support projects around the world to bring clean water to more people. We help our partners dig boreholes and wells, install rainwater tanks, build hygienic toilets, train communities about the importance of sanitation and campaign for fairer water access. During the first part of 2012 we will renew our efforts to transform the lives of our sisters and brothers in poor countries through access to clean water and hygienic sanitation. Turn to page 12 for details of our ‘Thirst for Change’ campaign and how you can get involved.
Pray

50th Anniversary Mass and Social

We warmly invite you and all CAFOD supporters in Hallam to join us for our celebration of 50 years of CAFOD’s work in England and Wales.

In Hallam we have chosen to mark the occasion with a Mass of Thanksgiving followed by a social. Mass will be celebrated by Bishop John Rawsthorne and Bishop John Arnold, who will talk on his visit to CAFOD’s work in Rwanda. This will be followed by drinks, nibbles, socialising and an opportunity to view the special 50th Anniversary Exhibition in the Parish Centre.

How to be involved:

Please join us at St William of York Church & Parish Centre, Ecclesall Road, S11 8TL, at 7pm on 9th February 2012.

If you can, please display the posters which arrived with this newsletter in your school, church or parish hall.

We invite you to bring with you an image or object which symbolises your relationship with CAFOD - a photo of an event, a placard from a rally, a prayer you’ve used, an object from overseas, etc. At the beginning of Mass, you will be invited to bring forward these symbols of CAFOD’s life and work in Hallam, and they will remain on the sanctuary throughout Mass.

Young People (aged 11-18) from around the diocese are invited to take a particular role in the mass. The InReality Team will be preparing part of the liturgy with any young people who wish to take part. A rehearsal for this will take place at St William of York Church on Sunday 5th February from 2pm - 4.30pm. Please encourage any young people in your parish or school to come and join in our celebration in this special way. All they need do is simply drop us a line if they intend be part of it.

What lit your flame?

As CAFOD marks its 50th Anniversary in 2012, we are encouraging all staff, volunteers, supporters, members of the clergy and other friends of CAFOD to look back over the last five decades and share their stories of
what it was in their life that first made them want to campaign against poverty, hunger and global injustice.

For many of us, it was a news broadcast, a photo, a speech or an inspirational person. For others, it was a film, book or a story from the Bible. And for others, it was the personal experience of taking a trip abroad or seeing the kindness of others first hand.

The events, experiences and people which have inspired us are as diverse as we are, but we can recognise in each others’ testimonies common bonds: the awakening of compassion for others; the discovery of a world outside our own.

The testimonies we receive will be added to a dedicated blog page on the CAFOD website, and stories will be collected throughout the year. You can add yours by emailing your testimony (250 words or less) to afrancis@cafod.org.uk, or sending a postcard or letter to Alan Francis, Media Team, CAFOD Romero House, 55 Westminster Bridge Road, London SE1 7JB

Below you can read Angela Powell’s testimony, CAFOD Diocesan Manager, Hallam, and we hope this will encourage you to add your own:

Angela: *My uncle was the Chaplain for the Apostleship of the Sea. Our family joined him for Sunday Mass and I was privileged to meet people from our wider Catholic community, The Philippines, Taiwan, Sri Lanka and other far off exotic places. I became aware of the sacrifices the merchant sailors were forced to make, not seeing their families for long periods for relatively low pay. I also knew asylum seekers from Chile and Venezuela who sought refuge in our community. This helped me to appreciate the value of kindness and friendship and what I have come to recognise as solidarity. I had a sense of gratitude for being born in a democratic country and all the benefits this brought. These early experiences of faith taught me that we are all part of global family and that the most important measure of our humanity is how we are with one another.*

Holy Island Pilgrimage 2012

Advance notice that this year’s CAFOD North East Pilgrimage to Holy Island will take place on **Saturday 16th June 2012**. This year we hope to take a coach full of pilgrims from Hallam to join those from Leeds, Middlesborough and Hexham & Newcastle in travelling to Lindisfarne to walk the Pilgrim’s Path. Please consider joining us for a day away from routine, to reflect and focus on the presence of God in our lives. Contact the office to register your interest in joining us.
Act
Contributed by our volunteer Campaigns Coordinator, Angela Wood

Thirst for Change  *New Campaign*

We’re 30 years on from the UN ‘Decade for Clean Drinking Water’. We’ve only 3 years left to reach Millennium Development Goal 7 to halve by 2015 the proportion of people without sustainable access to safe drinking water and basic sanitation. Yet still we are hearing those familiarly depressing statistics:

- 1 in 8 people in our world have no access to clean water
- Over a third have no safe sanitation
- 1 in 3 suffer from water-borne diseases
- A child dies from such diseases every 20 seconds

The list goes on and on with the pernicious impact on education, on agriculture, livelihoods, women and girls, development...

Doesn’t it make you Thirst for Change?

That is exactly why on the 3rd January CAFOD launched a campaign to get us back on track to achieving this goal. Amazingly, it was only in 2010 that access to safe water and sanitation were recognised as a Human Right. There’s a long way to go. So we’re asking David Cameron call on world leaders to make concrete commitments to ensure the water and sanitation MDG is met by 2015.

The message is simple:

1. **We want Taps, Toilets & Training.**
2. **We want David Cameron to lead the G8 to end water poverty when they meet in the US in May.**
3. **We want communities to join together and form a river of change.**

Campaign action cards (available to order in small or large quantities) are available from the Hallam office or by contacting the CAFOD Campaigns team on 020 7095 5692 or campaign@cafod.org.uk

The cards have 2 parts: 1) A postcard with our campaign message and asks to send to David Cameron; 2) A water droplet shape on which you are asked to reflect why you Thirst for Change, which can then be joined with others from your community to form a ‘river of change’ that will flow right to the door of No. 10 Downing Street.

**Cards must be returned by 1st May 2012.**
Get ready to Make a Splash!
Other campaign materials are available from www.cafod.org.uk/thirst
These include ‘Facts from the Taps: a guide to water poverty’ and a Thirst for Change Community Action Guide full of suggestions for spreading the message in your school, parish, and community. Some suggestions for encouraging people to become involved in the campaign include:
- Have a community card signing before the end of April.
- Plan a Walk for Water - 22nd March is World Water Day.
- Take the Water Challenge: Can your family manage on 20 litres of water for a weekend?

There’s an ocean of possibilities out there - in what other ways can you get your group to make a splash?

Vitaliser Day - Saturday 14th January 2012
One way to get inspired is by joining us for our Vitaliser - an opportunity to look in more depth at the issues which inspire the ‘Thirst for Change’ campaign and our water-themed fundraising during Lent.

We were thrilled that eighteen people from Hallam travelled to Leeds to take part in the Campaign Energiser Day in November, and we’re hoping that even more of you will be able to take part in our next one which we’ve arranged locally. Anyone who was there knows that these days are a great way to meet other supporters and share enthusiasm, experience and encouragement whilst learning more about the campaign issues.

This event is open to everyone and will take place at Houlden Hall, Norfolk Row, Sheffield City Centre, S1 on Saturday 14th January from 12.30pm to 3.30pm. We will look in detail at the campaign and Lent Fast Day resources, discuss ideas and make plans for community action. We look forward to seeing you there!

Don’t Drop the Ball! - Update
A huge thank you to those of you who signed and sent in a ‘Don’t Drop the Ball’ campaign card in the autumn. Over 10,000 cards were handed over to George Osborne at 11 Downing Street on the 28th November.
Rachel’s Water Challenge - January 22nd - 28th
In the global north we use, on average, 200 litres of water per day. In the global south they use around 10 litres per day. To highlight the challenges faced by those living in water poverty, Rachel (CAFOD Hallam’s Diocesan Officer) is going to try to survive for one week on 10 litres of water per day. Rachel plans to fill 5x 2-litre pop bottles each morning and use this for all her cooking, drinking, washing, cleaning and sanitation needs, reusing water from washing her clothes, dishes and body for flushing the toilet etc. Will she manage it? Is it actually possible, in our culture, to use so little water each day?

Follow her daily blog during the week to see how she gets on, and encourage others to do the same: http://cafodhallam.wordpress.com

Or how about joining Rachel in her challenge? By yourself or with friends, for one day, a weekend or the whole week, challenge yourself to experience having only 10 litres of water to use each day.

May Day Trek - Bank Holiday Monday, 7th May
Walking can be a great act of solidarity, linking people in all countries of all ages and backgrounds, and linking social activity with action for change. This year, join us as we walk around the reservoirs near Bolsterstone, S36 (near Stocksbridge), local source of water for our towns and the City of Sheffield, to reflect on our need for water and help us raise funds for development projects. Walkers can choose to follow either a 5, 10 or 15 mile route. Money raised from sponsorship of those who undertake the Trek this year will be matched by the UK Government (see page 3).

Andrew Mitchell, Secretary of State for International Development, says: "CAFOD is working to improve water access, sanitation and hygiene for some of the world's most vulnerable and neglected people, including those affected by war, climate change and disease. It is potentially life saving work, tackling cholera, helping girls attend school rather than having to fetch water and ensuring that children know about hygiene and waterborne diseases. By matching pound for pound all public donations, the UK government will help CAFOD double its impact, ensuring tens of thousands more families have access to clean water and sanitation and are provided with everything from water purification kits and soap to training in how to fix a broken borehole."

See sheffieldmaydaytrek.org.uk for details of the walk routes.

Email the Hallam office for registration and sponsor forms.
Give

Harvest 2011 - Thank you!
During the autumn, parishes, schools, groups and individuals across Hallam responded to the Harvest Fast Day Appeal to raise over £23,000. Thank you for your continued generosity and for sharing your wealth, time and energy with our sisters and brothers living in poverty around the world.

Lent Fast Day 2012 - Friday 2nd March
[Apologies for the incorrect date printed in the September Newsletter]
The theme of water continues throughout Lent - look out for inspiring stories from our partners overseas on all our Fast Day resources and on the website. Don’t forget that this Lent our fundraising efforts will count for double because all money we raise will be matched by the Government’s UKAid promise (see page 3), meaning that for every £1 donated we will receive another £1 from the government! Help us make a huge splash around the Diocese and raise funds for water and other development projects.

- Please see the website or contact the office for Fast Day envelopes and further resources for use with parishes, schools and youth.
- A booklet of spiritual water-themed Lenten Reflections priced £2.50 will be available from the office or www.cafod.org.uk
- Send us your stories and photos of the things you did to fundraise and we’ll print some in the next edition of this newsletter!

Eritrean Coffee Ceremony - Saturday 24th March
As part of our season of water-themed events and activities, come and enjoy a cup of coffee prepared during an authentic Eritrean Coffee Ceremony by members of the local Eritrean community. Hear how CAFOD has been working Ethiopia and Eritrea, two of the countries which have been worst affected by the East African drought.

All are welcome to experience this ‘coffee morning with a difference’ which will be held at Houlden Hall, Norfolk Row, Sheffield City Centre, S1 on Saturday 24th March 2012 from 10.30am - 12.30pm. The suggested entry donation is £2.50 and all money raised will be match-funded by the government. The ceremony is followed, for those who wish to go, by Mass at St Marie’s House of Prayer, Norfolk Row.

*Note* Please send us any money you raise during Lent (through sponsorship, events, collections, etc) as promptly as possible and indicate clearly that it is Lenten fundraising to enable us to take full advantage of the match-funding. Thank you!
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<td>‘Thirst for Change’ campaign launches</td>
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<td><strong>January 14th</strong></td>
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<td><strong>March 2nd</strong></td>
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If you, your school, your parish or your community have any news or photographs which you would like to be published in the next edition of the Hallam Newsletter, please forward them to Rachel Wood at the addresses below.

Follow the CAFOD Hallam Blog for up to date news and events: [www.cafod.org.uk/uk/hallam](http://www.cafod.org.uk/uk/hallam)

To receive this newsletter in an alternative format (email or hardcopy), or to be added to the mailing list, please contact us.

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